

## Shipping and Handling Instructions

- Refrigerate the sample until you are ready to ship it.
- The sample does not need to be shipped overnight. Priority and Express mail work well for most people, but if UPS or FedEx are more convenient, you can use either service.
- Wrap the sample in something to protect it: bubble wrap, paper toweling, newspaper, etc.
- Place the sample in one of the following packages: Styrofoam, boxes, or padded envelopes. If you do not want your sample to be crushed or broken, do not enclose it in a plain mailing envelope.
- You do not need to include a freezer pack, but do so if you feel more comfortable. However, due to excessive leakage, please place the freezer pack in a zip lock bag. Please do not place ice in your package. Once it thaws it saturates everything inside the package.